## Mitchell County

### Demographic summary
- **Total population**: 10,663
- **Under 18**: 2,574 (24.1%)
- **Under 6**: 726 (6.8%)

### Child population (under 18) by race/ethnicity
- **African American**: 4 (0.2%)
- **Asian**: 0 (0.0%)
- **Native American**: 0 (0.0%)
- **White, non-Hispanic**: 2,442 (94.9%)
- **Other**: 0 (0.0%)
- **Multiple**: 45 (1.7%)
- **Hispanic (any race)**: 98 (3.8%)

### FAMILY & COMMUNITY ECONOMIC WELL-BEING

<table>
<thead>
<tr>
<th>Category</th>
<th>2017 Number</th>
<th>2017 Rate/ Percentage</th>
<th>Chg from 2000 §</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children living under the poverty level</td>
<td>345</td>
<td>13.9%</td>
<td>-5.5%</td>
</tr>
<tr>
<td>Unemployed individuals age 16 and over</td>
<td>125</td>
<td>2.2%</td>
<td>-16.7%</td>
</tr>
</tbody>
</table>

### SCHOOL READINESS & SUCCESS

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>3- and 4-year-olds participating in preschool (*2013-17 average)</td>
<td>83</td>
<td>33.2%</td>
<td>+49.9%</td>
</tr>
<tr>
<td>Fourth graders proficient in reading (‘2003)</td>
<td>77</td>
<td>80.2%</td>
<td>-5.1%</td>
</tr>
<tr>
<td>Eighth graders proficient in mathematics (‘2003)</td>
<td>92</td>
<td>84.4%</td>
<td>+7.4%</td>
</tr>
<tr>
<td>High school graduation (students graduating with class in 4 years)</td>
<td>125</td>
<td>95.4%</td>
<td>+4.4%</td>
</tr>
</tbody>
</table>

### STABLE, SECURE FAMILIES

<table>
<thead>
<tr>
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<th>2017 Number</th>
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</thead>
<tbody>
<tr>
<td>Cases of child abuse/neglect (per 1,000)</td>
<td>18</td>
<td>7.2%</td>
<td>+130.0%</td>
</tr>
<tr>
<td>Single-parent families (*2013-17 average)</td>
<td>238</td>
<td>21.2%</td>
<td>+13.2%</td>
</tr>
<tr>
<td>Teen births (number/pct of females 15-19 giving birth)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Live births that are to unmarried teens</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
</tbody>
</table>

### HEALTHY CHILDREN

<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td>Live births where prenatal care began during first trimester (*2007)</td>
<td>71</td>
<td>57.7%</td>
<td>+24.7%</td>
</tr>
<tr>
<td>Infant Mortality (per 1,000)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Child deaths (per 100,000)</td>
<td>*</td>
<td>*</td>
<td>*</td>
</tr>
<tr>
<td>Low birthweight (live births less than 5.5 pounds)</td>
<td>8</td>
<td>6.5%</td>
<td>*</td>
</tr>
<tr>
<td>Children 0-18 uninsured during the year (*2013-17 average)</td>
<td>292</td>
<td>10.8%</td>
<td>N/A</td>
</tr>
</tbody>
</table>

### USE OF PUBLIC SUPPORTS

<table>
<thead>
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</tr>
</thead>
<tbody>
<tr>
<td>Children 0-4 receiving WIC (*2003)</td>
<td>128</td>
<td>20.5%</td>
<td>+5.1%</td>
</tr>
<tr>
<td>Students eligible for free or reduced-price lunches</td>
<td>437</td>
<td>28.6%</td>
<td>+26.6%</td>
</tr>
<tr>
<td>Individual tax filers who receive the EITC (*2016)</td>
<td>550</td>
<td>11.5%</td>
<td>+21.6%</td>
</tr>
<tr>
<td>Individuals receiving Food Assistance</td>
<td>633</td>
<td>6.0%</td>
<td>+205.4%</td>
</tr>
<tr>
<td>Individuals participating in Family Investment Program</td>
<td>35</td>
<td>0.3%</td>
<td>-31.2%</td>
</tr>
</tbody>
</table>

* Incidences of five or less have been suppressed to protect confidentiality

To download data or view data snapshots for other Iowa counties, visit www.cfpciowa.org and click on “Kids Count Data.”
### About the Kids Count indicators

#### FAMILY/COMM ECON WELL-BEING

**Child poverty**
- Children 0-17 who lived below poverty during the year
  - U.S. Census Bureau

Children growing up in poverty (defined here as $23,850 for a family of four) are much more likely than peers to experience stress and deprivation that hinders development and readiness for school and life.

#### FAMILY/COMM ECON WELL-BEING

**Unemployment**
- Individuals 16 and over in the labor force but unemployed
  - Iowa Workforce Development

High levels of unemployment in a community make it difficult for families to move up the economic ladder. It also contributes to family stress when a parent struggles to find work.

#### SCHOOL READINESS & SUCCESS

**Preschool participation**
- Children ages 3-4 enrolled in preschool
  - U.S. Census Bureau

Children who participate in a high-quality preschool program are more likely to be socially and cognitively ready for kindergarten. The benefits are strongest for low-income children and children facing other risk factors.

#### SCHOOL READINESS & SUCCESS

**4th grade reading**
- Students proficient on the Iowa Assessments and Iowa Alternate Assessment
  - Iowa Department of Education

Reading proficiency by mid-elementary school is an important predictor of future academic success, including high school graduation, and of economic stability in adulthood.

#### SCHOOL READINESS & SUCCESS

**8th grade math**
- Students proficient on the Iowa Assessments and Iowa Alternate Assessment
  - Iowa Department of Education

Proficiency in math by the end of middle school prepares students for higher-order math classes they will need to succeed in high school as well as the basic skills needed for adult life.

#### SCHOOL READINESS & SUCCESS

**High school graduation**
- Public school students entering 9th grade who graduate with their class 4 years later
  - Iowa Department of Education

A high school diploma is the baseline credential needed for higher education, most kinds of job training and many jobs. Adults without one are much more likely to struggle economically.

#### SCHOOL READINESS & SUCCESS

**Teen births**
- Females ages 15-19 giving birth
  - Iowa Department of Public Health

Children born to teen mothers are more likely to be born prematurely or low birth-weight and to die as infants. Teen mothers are less likely to finish high school or go on to college and more likely to rely on public supports.

#### STABLE, SECURE FAMILIES

**Single-parent families**
- Families with children that are headed by a single parent
  - U.S. Census Bureau

Children in single-parent families typically do not have the same economic or human resources available in two-parent families. They are more likely to drop out of school and experience divorce in adulthood.

#### STABLE, SECURE FAMILIES

**Child abuse & neglect**
- Confirmed cases of child abuse or neglect among children 0-17
  - Iowa Dept. of Human Services

Experiencing abuse or neglect is one of the adverse childhood experiences that hinders healthy development — physical, mental and cognitive — and can affect well-being far into adulthood.

#### STABLE, SECURE FAMILIES

**Low birthweight**
- Live births weighing less than 5.5 pounds
  - Iowa Department of Public Health

Infants born at low birth weight are at higher risk for physical and developmental delays that hinder growth, school readiness and adult health.

#### HEALTHY CHILDREN

**Infant mortality**
- Deaths of infants before age 1 per 1,000 children
  - Iowa Department of Public Health

In addition to being a child outcome, data on infant mortality is used as a proxy for population health. The many factors that shape population health also shape infant mortality rates.

#### HEALTHY CHILDREN

**Child deaths**
- Deaths of children ages 1-14 per 100,000 children
  - Iowa Department of Public Health

Child death rates can point to underlying problems and inequities within a community, such as the safety of neighborhoods, access to health care or exposure to environmental toxins.

#### HEALTHY CHILDREN

**Uninsured children**
- Children 0-18 who are uninsured during the year
  - U.S. Census Bureau

Health coverage is the key that opens the door to the health-care system. Insured children are more likely to get timely medical care, including well-child visits, that contributes to overall health.

#### ACCESS TO PUBLIC SUPPORTS

**Free or Reduced-Price Lunch**
- Students eligible for free or low-cost meals while at school
  - Iowa Department of Education

This federally funded program provides meals to students. Available to families with incomes up to 185 percent of the federal poverty level, it is a commonly used proxy for poverty.

#### ACCESS TO PUBLIC SUPPORTS

**Food Assistance**
- Monthly average of individuals receiving Food Assistance
  - Iowa Dept. of Human Services

The Food Assistance Program (known nationally as SNAP) provides financial assistance that low-income Iowans, including many children and working adults, can use to buy groceries.

#### ACCESS TO PUBLIC SUPPORTS

**Family Investment Program**
- Monthly average of individuals participating in FIP
  - Iowa Dept. of Human Services

Iowa’s version of the federal TANF program provides cash assistance to eligible low-income families for up to 60 months. It serves a small and shrinking share of the population.

#### ACCESS TO PUBLIC SUPPORTS

**EITC**
- Individual tax filers who receive the Earned Income Tax Credit
  - Internal Revenue Service

The EITC is recognized across the political spectrum as a successful antipoverty program that ensures that people who work are able to provide for their families.