## Mitchell County Iowa

### Demographic summary (2017)

<table>
<thead>
<tr>
<th>Category</th>
<th>Total population</th>
<th>Under 18</th>
<th>Under 6</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>10,663</td>
<td>2,574</td>
<td>726</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Child population (under 18) by race/ethnicity</th>
<th>Number</th>
<th>Percentage</th>
<th>Chg from 2000</th>
</tr>
</thead>
<tbody>
<tr>
<td>African American</td>
<td>4</td>
<td>0.2%</td>
<td></td>
</tr>
<tr>
<td>Asian</td>
<td>0</td>
<td>0.0%</td>
<td></td>
</tr>
<tr>
<td>Native American</td>
<td>0</td>
<td>0.0%</td>
<td></td>
</tr>
<tr>
<td>White, non-Hispanic</td>
<td>2,442</td>
<td>94.9%</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>0</td>
<td>0.0%</td>
<td></td>
</tr>
<tr>
<td>Multiple</td>
<td>45</td>
<td>1.7%</td>
<td></td>
</tr>
<tr>
<td>Hispanic (any race)</td>
<td>98</td>
<td>3.8%</td>
<td></td>
</tr>
</tbody>
</table>

### Family & Community Economic Well-Being

| | 2018# Number | 2018 Rate/Percentage | Chg from 2000 |
|----------------|----------------------|-----------------|
| Children living under the poverty level      | 303                  | 12.3%           | -16.3%         |
| Unemployed individuals age 16 and over        | 107                  | 1.9%            | -28.3%         |

### School Readiness & Success

| | 2018# Number | 2018 Rate/Percentage | Chg from 2000 |
|----------------|----------------------|----------------|
| 3- and 4-year-olds participating in preschool (*2014-18 average) | 101 | 35.1% | +16.1% |
| Fourth graders proficient in reading (2003) | 95 | 84.1% | -0.6% |
| Eighth graders proficient in mathematics (2003) | 79 | 85.9% | +9.3% |
| High school graduation (students graduating with class in 4 years) | 125 | 100.0% | +9.5% |

### Stable, Secure Families

| | 2018# Number | 2018 Rate/Percentage | Chg from 2000 |
|----------------|----------------------|----------------|
| Cases of child abuse/neglect (per 1,000) | 29 | 11.6 | +273.5% |
| Single-parent families (*2014-18 average) | 276 | 24.6% | +20.9% |
| Teen births (number/pct of females 15-19 giving birth) | * | * | * |
| Live births that are to unmarried teens | * | * | * |

### Healthy Children

| | 2018# Number | 2018 Rate/Percentage | Chg from 2000 |
|----------------|----------------------|----------------|
| Live births where prenatal care began during first trimester (*2007) | 93 | 66.4% | +43.5% |
| Infant Mortality (per 1,000) | * | * | * |
| Child deaths (per 100,000) | * | * | * |
| Low birthweight (live births less than 5.5 pounds) | * | * | * |
| Children 0-18 uninsured during the year (*2014-18 average) | 207 | 7.8% | N/A |

### Use of Public Supports

| | 2018# Number | 2018 Rate/Percentage | Chg from 2000 |
|----------------|----------------------|----------------|
| Children 0-4 receiving WIC (2003) | 122 | 20.2% | +3.3% |
| Students eligible for free or reduced-price lunches | 468 | 31.1% | +37.9% |
| Individual tax filers who receive the EITC (*2017) | 550 | 11.4% | +20.6% |
| Individuals receiving Food Assistance | 632 | 6.0% | +206.7% |
| Individuals participating in Family Investment Program | 24 | 0.2% | -52.5% |

* Incidences of five or less have been suppressed to protect confidentiality.
# About the Kids Count indicators

## FAMILY/COMM ECON WELL-BEING

### Child poverty

Children 0-17 who lived below poverty during the year  
— U.S. Census Bureau  
Children growing up in poverty (defined here as $23,850 for a family of four) are much more likely than peers to experience stress and deprivation that hinders development and readiness for school and life.

## FAMILY/COMM ECON WELL-BEING

### Unemployment

Individuals 16 and over in the labor force but unemployed  
— Iowa Workforce Development  
High levels of unemployment in a community make it difficult for families to move up the economic ladder. It also contributes to family stress when a parent struggles to find work.

## SCHOOL READINESS & SUCCESS

### Preschool participation

Children ages 3-4 enrolled in preschool  
— U.S. Census Bureau  
Children who participate in a high-quality preschool program are more likely to be socially and cognitively ready for kindergarten. The benefits are strongest for low-income children and children facing other risk factors.

## SCHOOL READINESS & SUCCESS

### 4th grade reading

Students proficient on the Iowa Assessments and Iowa Alternate Assessment  
— Iowa Department of Education  
Reading proficiently by mid-elementary school is an important predictor of future academic success, including high school graduation, and of economic stability in adulthood.

## SCHOOL READINESS & SUCCESS

### 8th grade math

Students proficient on the Iowa Assessments and Iowa Alternate Assessment  
— Iowa Department of Education  
Proficiency in math by the end of middle school prepares students for higher-order math classes they will need to succeed in high school as well as the basic skills needed for adult life.

## SCHOOL READINESS & SUCCESS

### High school graduation

Public school students entering 9th grade who graduate within 4 years later  
— Iowa Department of Education  
A high school diploma is the baseline credential needed for higher education, most kinds of job training and many jobs. Adults without one are much more likely to struggle economically.

## STABLE, SECURE FAMILIES

### Single-parent families

Families with children that are headed by a single parent  
— U.S. Census Bureau  
Children in single-parent families typically do not have the same economic or human resources available in two-parent families. They are more likely to drop out of school and experience divorce in adulthood.

## STABLE, SECURE FAMILIES

### Child abuse & neglect

Confirmed cases of child abuse or neglect among children 0-17  
— Iowa Dept. of Human Services  
Experiencing abuse or neglect is one of the adverse childhood experiences that hinders healthy development — physical, mental and cognitive — and can affect well-being far into adulthood.

## STABLE, SECURE FAMILIES

### Teen births

Females ages 15-19 giving birth  
— Iowa Department of Public Health  
Unmarried teen mothers are less likely to ever marry and often face the primary responsibility of parenthood, often without the full physical, emotional and financial resources needed for child rearing.

## STABLE, SECURE FAMILIES

### Teen unmarried births

Live births that are to unmarried teens  
— Iowa Department of Public Health  
Unmarried teen mothers are less likely to ever marry and often face the primary responsibility of parenthood, often without the full physical, emotional and financial resources needed for child rearing.

## HEALTHY CHILDREN

### Infant mortality

Deaths of infants before age 1 per 1,000 children  
— Iowa Department of Public Health  
In addition to being a child outcome, data on infant mortality is used as a proxy for population health. The many factors that shape population health also shape infant mortality rates.

## HEALTHY CHILDREN

### Child deaths

Deaths of children ages 1-14 per 100,000 children  
— Iowa Department of Public Health  
Child death rates can point to underlying problems and inequities within a community, such as the safety of neighborhoods, access to health care or exposure to environmental toxins.

## HEALTHY CHILDREN

### Uninsured children

Children 0-18 who are uninsured during the year  
— U.S. Census Bureau  
Health coverage is the key that opens the door to the health-care system. Insured children are more likely to get timely medical care, including well-child visits, that contributes to overall health.

## ACCESS TO PUBLIC SUPPORTS

### Free or Reduced-Price Lunch

Students eligible for free or low-cost meals while at school  
— Iowa Department of Education  
This federally funded program provides meals to students. Available to families with incomes up to 185 percent of the federal poverty level, it is a commonly used proxy for poverty.

## ACCESS TO PUBLIC SUPPORTS

### Food Assistance

Monthly average of individuals receiving Food Assistance  
— Iowa Dept. of Human Services  
The Food Assistance Program (known nationally as SNAP) provides financial assistance that low-income Iowans, including many children and working adults, can use to buy groceries.

## ACCESS TO PUBLIC SUPPORTS

### Family Investment Program

Monthly average of individuals participating in FIP  
— Iowa Dept. of Human Services  
Iowa’s version of the federal TANF program provides cash assistance to eligible low-income families for up to 60 months. It serves a small and shrinking share of the population.

## ACCESS TO PUBLIC SUPPORTS

### WIC Program

Children 0-4 participating in the Women, Infants, & Children program  
— Iowa Department of Public Health  
WIC offers supplemental foods, referrals and nutrition education for low-income pregnant and postpartum women and children through age 4.

## ACCESS TO PUBLIC SUPPORTS

### EITC

Individual tax filers who receive the Earned Income Tax Credit  
— Internal Revenue Service  
The EITC is recognized across the political spectrum as a successful anti-poverty program that ensures that people who work are able to provide for their families.