

Food Assistance

Food Assistance measures the average monthly number and percentage of individuals receiving financial assistance for food during the year. Formerly known as Food Stamps.

Source: Iowa Department of Human Services

| County | 2000 | | | 2006 | | | 2000-2006 Change |
|-------------|------------------|-----------------|------------|------------------|-----------------|------------|------------------|
| | Total Population | Food Assistance | Percentage | Total Population | Food Assistance | Percentage | |
| Adair | 8,243 | 282 | 3.4% | 7,714 | 469 | 6.1% | 77.7% |
| Adams | 4,482 | 216 | 4.8% | 4,192 | 254 | 6.1% | 25.7% |
| Allamakee | 14,675 | 366 | 2.5% | 14,796 | 908 | 6.1% | 146.1% |
| Appanoose | 13,721 | 1,297 | 9.5% | 13,422 | 1,857 | 13.8% | 46.4% |
| Audubon | 6,830 | 205 | 3.0% | 6,278 | 354 | 5.6% | 87.9% |
| Benton | 25,308 | 622 | 2.5% | 26,962 | 1,510 | 5.6% | 127.9% |
| Black Hawk | 128,012 | 8,778 | 6.9% | 126,106 | 13,147 | 10.4% | 52.0% |
| Boone | 26,224 | 773 | 2.9% | 26,584 | 1,520 | 5.7% | 94.0% |
| Bremer | 23,325 | 501 | 2.1% | 23,837 | 947 | 4.0% | 85.0% |
| Buchanan | 21,093 | 674 | 3.2% | 21,045 | 1,121 | 5.3% | 66.7% |
| Buena Vista | 20,411 | 740 | 3.6% | 20,091 | 1,223 | 6.1% | 67.9% |
| Butler | 15,305 | 406 | 2.7% | 15,073 | 751 | 5.0% | 87.8% |
| Calhoun | 11,115 | 440 | 4.0% | 10,437 | 654 | 6.3% | 58.3% |
| Carroll | 21,421 | 632 | 3.0% | 20,963 | 1,074 | 5.1% | 73.6% |
| Cass | 14,684 | 589 | 4.0% | 14,124 | 1,146 | 8.1% | 102.3% |
| Cedar | 18,187 | 467 | 2.6% | 18,326 | 697 | 3.8% | 48.1% |
| Cerro Gordo | 46,447 | 2,026 | 4.4% | 44,384 | 3,727 | 8.4% | 92.5% |
| Cherokee | 13,035 | 367 | 2.8% | 12,094 | 667 | 5.5% | 95.9% |
| Chickasaw | 13,095 | 396 | 3.0% | 12,412 | 572 | 4.6% | 52.4% |
| Clarke | 9,133 | 528 | 5.8% | 9,156 | 882 | 9.6% | 66.6% |
| Clay | 17,372 | 613 | 3.5% | 16,801 | 1,046 | 6.2% | 76.4% |
| Clayton | 18,678 | 420 | 2.2% | 18,251 | 845 | 4.6% | 105.9% |
| Clinton | 50,149 | 3,251 | 6.5% | 49,782 | 5,699 | 11.4% | 76.6% |
| Crawford | 16,942 | 723 | 4.3% | 16,948 | 1,406 | 8.3% | 94.4% |
| Dallas | 40,750 | 798 | 2.0% | 54,525 | 2,054 | 3.8% | 92.4% |
| Davis | 8,541 | 301 | 3.5% | 8,602 | 489 | 5.7% | 61.3% |
| Decatur | 8,689 | 621 | 7.1% | 8,656 | 1,014 | 11.7% | 63.9% |
| Delaware | 18,404 | 572 | 3.1% | 17,848 | 901 | 5.0% | 62.4% |
| Des Moines | 42,351 | 2,905 | 6.9% | 40,885 | 5,505 | 13.5% | 96.3% |
| Dickinson | 16,424 | 455 | 2.8% | 16,924 | 702 | 4.1% | 49.7% |
| Dubuque | 89,143 | 3,054 | 3.4% | 92,384 | 6,241 | 6.8% | 97.2% |
| Emmet | 11,027 | 392 | 3.6% | 10,479 | 564 | 5.4% | 51.4% |
| Fayette | 22,008 | 1,150 | 5.2% | 20,996 | 1,841 | 8.8% | 67.8% |
| Floyd | 16,900 | 822 | 4.9% | 16,441 | 1,353 | 8.2% | 69.2% |
| Franklin | 10,704 | 323 | 3.0% | 10,708 | 694 | 6.5% | 114.8% |
| Fremont | 8,010 | 463 | 5.8% | 7,737 | 687 | 8.9% | 53.6% |
| Greene | 10,366 | 501 | 4.8% | 9,809 | 719 | 7.3% | 51.7% |
| Grundy | 12,369 | 191 | 1.5% | 12,320 | 397 | 3.2% | 108.7% |
| Guthrie | 11,353 | 431 | 3.8% | 11,344 | 590 | 5.2% | 37.0% |
| Hamilton | 16,438 | 516 | 3.1% | 16,087 | 1,020 | 6.3% | 102.0% |
| Hancock | 12,100 | 285 | 2.4% | 11,680 | 521 | 4.5% | 89.4% |
| Hardin | 18,812 | 667 | 3.5% | 17,791 | 1,230 | 6.9% | 95.0% |
| Harrison | 15,666 | 726 | 4.6% | 15,745 | 1,220 | 7.7% | 67.2% |
| Henry | 20,336 | 791 | 3.9% | 20,405 | 1,632 | 8.0% | 105.6% |
| Howard | 9,932 | 293 | 3.0% | 9,677 | 472 | 4.9% | 65.3% |
| Humboldt | 10,381 | 333 | 3.2% | 9,975 | 648 | 6.5% | 102.5% |
| Ida | 7,837 | 240 | 3.1% | 7,180 | 416 | 5.8% | 89.2% |
| Iowa | 15,671 | 287 | 1.8% | 16,140 | 699 | 4.3% | 136.5% |
| Jackson | 20,296 | 812 | 4.0% | 20,290 | 1,645 | 8.1% | 102.6% |
| Jasper | 37,213 | 1,070 | 2.9% | 37,409 | 2,511 | 6.7% | 133.4% |
| Jefferson | 16,181 | 862 | 5.3% | 15,945 | 1,610 | 10.1% | 89.5% |
| Johnson | 111,006 | 2,707 | 2.4% | 118,038 | 6,334 | 5.4% | 120.0% |
| Jones | 20,221 | 619 | 3.1% | 20,505 | 1,040 | 5.1% | 65.7% |
| Keokuk | 11,400 | 720 | 6.3% | 11,081 | 933 | 8.4% | 33.3% |

Food Assistance

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|---------------|------------------|-----------------|------------|------------------|-----------------|------------|------------------|
| | Total Population | Food Assistance | Percentage | Total Population | Food Assistance | Percentage | |
| Kossuth | 17,163 | 512 | 3.0% | 16,011 | 898 | 5.6% | 88.0% |
| Lee | 38,052 | 2,533 | 6.7% | 36,338 | 4,200 | 11.6% | 73.6% |
| Linn | 191,701 | 6,959 | 3.6% | 201,853 | 16,580 | 8.2% | 126.3% |
| Louisa | 12,183 | 545 | 4.5% | 11,858 | 1,046 | 8.8% | 97.2% |
| Lucas | 9,422 | 534 | 5.7% | 9,543 | 934 | 9.8% | 72.7% |
| Lyon | 11,763 | 282 | 2.4% | 11,636 | 358 | 3.1% | 28.3% |
| Madison | 14,019 | 347 | 2.5% | 15,547 | 719 | 4.6% | 86.8% |
| Mahaska | 22,335 | 1,175 | 5.3% | 22,298 | 2,216 | 9.9% | 88.9% |
| Marion | 32,052 | 981 | 3.1% | 32,987 | 1,869 | 5.7% | 85.1% |
| Marshall | 39,311 | 2,230 | 5.7% | 39,555 | 4,232 | 10.7% | 88.6% |
| Mills | 14,547 | 645 | 4.4% | 15,595 | 988 | 6.3% | 42.9% |
| Mitchell | 10,874 | 212 | 1.9% | 10,856 | 368 | 3.4% | 73.9% |
| Monona | 10,020 | 467 | 4.7% | 9,343 | 807 | 8.6% | 85.3% |
| Monroe | 8,016 | 519 | 6.5% | 7,725 | 740 | 9.6% | 48.0% |
| Montgomery | 11,771 | 749 | 6.4% | 11,365 | 1,257 | 11.1% | 73.8% |
| Muscatine | 41,722 | 2,340 | 5.6% | 42,883 | 4,044 | 9.4% | 68.1% |
| O'Brien | 15,102 | 326 | 2.2% | 14,409 | 669 | 4.6% | 115.1% |
| Osceola | 7,003 | 130 | 1.9% | 6,629 | 209 | 3.2% | 69.8% |
| Page | 16,976 | 999 | 5.9% | 16,263 | 1,487 | 9.1% | 55.4% |
| Palo Alto | 10,147 | 287 | 2.8% | 9,549 | 428 | 4.5% | 58.5% |
| Plymouth | 24,849 | 543 | 2.2% | 24,906 | 868 | 3.5% | 59.5% |
| Pocahontas | 8,662 | 374 | 4.3% | 7,794 | 508 | 6.5% | 51.0% |
| Polk | 374,601 | 16,298 | 4.4% | 408,888 | 31,646 | 7.7% | 77.9% |
| Pottawattamie | 87,704 | 4,963 | 5.7% | 90,218 | 9,329 | 10.3% | 82.7% |
| Poweshiek | 18,815 | 542 | 2.9% | 19,007 | 1,054 | 5.5% | 92.5% |
| Ringgold | 5,469 | 334 | 6.1% | 5,289 | 380 | 7.2% | 17.6% |
| Sac | 11,529 | 410 | 3.6% | 10,682 | 505 | 4.7% | 32.9% |
| Scott | 158,668 | 10,906 | 6.9% | 162,621 | 18,855 | 11.6% | 68.7% |
| Shelby | 13,173 | 420 | 3.2% | 12,489 | 862 | 6.9% | 116.5% |
| Sioux | 31,589 | 461 | 1.5% | 32,525 | 690 | 2.1% | 45.4% |
| Story | 79,981 | 1,541 | 1.9% | 80,145 | 3,258 | 4.1% | 111.0% |
| Tama | 18,103 | 552 | 3.0% | 17,890 | 1,017 | 5.7% | 86.4% |
| Taylor | 6,958 | 369 | 5.3% | 6,540 | 450 | 6.9% | 29.7% |
| Union | 12,309 | 670 | 5.4% | 12,093 | 1,242 | 10.3% | 88.7% |
| Van Buren | 7,809 | 372 | 4.8% | 7,836 | 544 | 6.9% | 45.7% |
| Wapello | 36,051 | 3,139 | 8.7% | 36,010 | 5,122 | 14.2% | 63.4% |
| Warren | 40,671 | 757 | 1.9% | 43,926 | 1,825 | 4.2% | 123.2% |
| Washington | 20,670 | 672 | 3.3% | 21,529 | 1,237 | 5.7% | 76.7% |
| Wayne | 6,730 | 472 | 7.0% | 6,542 | 597 | 9.1% | 30.1% |
| Webster | 40,235 | 2,325 | 5.8% | 38,960 | 3,893 | 10.0% | 72.9% |
| Winnebago | 11,723 | 324 | 2.8% | 11,216 | 661 | 5.9% | 113.2% |
| Winneshiek | 21,310 | 359 | 1.7% | 21,263 | 682 | 3.2% | 90.4% |
| Woodbury | 103,877 | 5,044 | 4.9% | 102,972 | 10,700 | 10.4% | 114.0% |
| Worth | 7,909 | 129 | 1.6% | 7,698 | 360 | 4.7% | 186.7% |
| Wright | 14,334 | 428 | 3.0% | 13,419 | 964 | 7.2% | 140.6% |
| State | 2,926,324 | 124,395 | 4.3% | 2,982,085 | 229,456 | 7.7% | 81.0% |
| Rural | 496,961 | 17,309 | 3.5% | 486,214 | 28,851 | 5.9% | 70.4% |
| Small Urban | 1,104,670 | 46,836 | 4.2% | 1,112,646 | 84,515 | 7.6% | 79.2% |
| Metropolitan | 1,324,693 | 60,250 | 4.5% | 1,383,225 | 116,090 | 8.4% | 84.5% |
| United States | 281,421,906 | 17,194,000 | 6.1% | 299,398,484 | 26,672,000 | 8.9% | 45.8% |